



NATURAL & ORGANIC
SKIN CARE

SCALP MICROPIGMENTATION: PRE & POST PROCEDURE INSTRUCTIONS

How many sessions will I need?

Most clients will require 2-3 sessions. Aggressive fading often associated with treatments by other providers is uncommon when using genuine Scalpa ink, as the formulation is the highest quality. Additional treatments will increase the density or the number of ink dots in one area. More density will result in a darker, more natural look, which will help integrate the procedure into any remaining hair. However, it's always better to work conservatively and not do too much, too quick. If you are covering scars, you are more likely to require more sessions, as scar tissue absorbs ink more readily, resulting in more significant fading. Treatments on clients with Alopecia may still be completed after 2-3 sessions. However, the sessions are likely to be longer, especially if the client is suffering from aggressive Alopecia Areata, patchy hair loss, or Alopecia Totalis, the total loss of all head hair.

Is the treatment painful?

Scalp Micropigmentation requires a small needle to be inserted into the upper dermis of the scalp. A certain amount of discomfort is inevitable; however, most clients report the sensation to be nothing more than mildly irritating, even therapeutic. The general consensus is that the pain varies from a 3-4 out of 10. Some parts of the scalp, for example the temporal regions and the hairline, can be more sensitive. Additionally, some people experience more discomfort than others, and people who have used hair systems for a long period of time, or have a significant amount of scar tissue cover, are also prone to a higher pain level. Pain can be minimized with an over the counter painkiller before each session as well as with application of numbing products.

What is the recovery period?

You will experience some redness and swelling on the scalp for a few days after the procedure. The pigment initially will appear a few shades darker and can take one to seven days to lighten, and in rare cases up to 14 days. Bruising can also occur, which may cause the treated area to appear darker or slightly blue. This is relatively uncommon, and goes away after a few days.

I'm a hair system user

If you normally wear a hair system, rug, or hairpiece, be sure to NOT wear the hair system for 10-14 days to allow skin to breathe. By not doing so, you will take the chance that the procedure will not take properly.

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I have transplant scars

Scar tissue reacts differently for each client, so therefore, those areas will be approached with extra caution and may require a greater number of treatments. In addition, you should return within five to seven days or when swelling disappears for a session that strengthens the fast fading pigment in the scar area. Treatment duration ranges from 30 minutes to 2 hours, depending on the treated area.

I have recently undergone laser treatment

Scar tissue reacts differently for each client, so again, those areas will be approached with extra caution and may require a greater number of treatments. In addition, you should return within five to seven days or when swelling disappears for a session that strengthens the fast fading pigment in the scar area. Treatment duration ranges from 30 minutes to 2 hours, depending on the treated area.

Pre-Care Instructions

- Wash your scalp with a non-abrasive, gentle shampoo the week prior to your procedure. If experiencing breakouts on your scalp, please see a dermatologist or medical doctor to resolve this issue prior to your procedure.
- After washing the scalp, moisturize the skin with some form of moisturizer to keep the skin hydrated. Doing so will allow the ink to be properly absorbed.
- Refrain from sun tanning to avoid burning and peeling of the skin.
- If you are extremely sensitive to pain, mention this before treatment for possible options or seek medical advice prior to the procedure.
- You may bring a clean hat or scarf to loosely cover your head after the treatment, if so desired.
- Please do not wear a hairpiece at least 10-14 days prior to your scheduled procedure as wearing a hairpiece may limit oxygen flow to the scalp and the ink may not be fully absorbed into the follicle.
- Please do not use a razor on your scalp within 24 hours of the scheduled procedure. It is critical that we see all native hair in order to properly blend hair follicles.

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For Seven Days After Procedure:

- Do not touch the healing pigmented area with your fingers. This might create infection.
- Apply your favorite antibiotic ointment or Vaseline 3-5 times daily until the procedure area has healed. Always use a clean cotton swab, and not your fingertips.
- No make-up, sun, soap, sauna, Jacuzzi, swimming in chlorinated pools or recreational bodies of water, contact with animals or gardening for 7-10 days (until area is completely healed) post procedure and after all touch-ups.
- Before bathing, gently apply a light coating of Vaseline on the procedure area using a clean cotton swab. Continue this regime until the area has completely healed.
- Do not rub or traumatize the procedure area while it is healing (pigment may be removed along with crusting tissue).
- Use a “total sun block” after the procedure area has healed to prevent future fading of pigment color.
- Do not use products that contain AHAs on the procedure area. Example: Glycolic and Lactic Acids. Always check your product labeling - it will fade your pigment color!
- If you are a blood donor, you may not give blood for 1 year following your Permanent Make-up application (per Red Cross).
- Touch-up visits should be scheduled between 30-45 days post procedure. All Permanent Make-up procedures are a two-step process. Results are not determined until touch up application is completed.
- If you have any questions or concerns, please notify me immediately.
- If you experience any itching, swelling, blistering or any other complications post-procedure, stop using products and call me immediately. You may be allergic to the aftercare product your are using!
- Please follow these instructions for the best results and healing.

I, _____, have read and understand the above information and of my own free will, choose to more forward with my procedure.

Signature: _____ Date: _____