



NATURAL & ORGANIC
SKIN CARE

MICRONEEDLING AFTERCARE

- Your skin may feel drier than normal and will start peeling 3-5 days after treatment. DO NOT pick, scratch, or scrub the treated area. Allow old skin to flake off naturally and keep moisturized with Hyaluronic Acid serum.
- Do not use any Alpha Hydroxy Acids, Beta Hydroxy Acid, Retinol, or anything perceived as “active” skincare for 1 week post-treatment.
- Do not take any anti-inflammatory medications such as ibuprofen, Motrin, or Advil. These agents will interfere with the natural inflammatory process that is critical and responsible for your skin rejuvenation. Use Tylenol only as needed for any soreness.
- Use a gentle cleanser and do not use any powered cleansing brushes (like a Clarisonic) for 1 week post-treatment.
- Do not apply makeup for 24-72 hours (plan on 72 hours following your first session).
- Apply a chemical-free sunscreen, SPF 30 or greater.
- Avoid sun tanning and prolonged exposure to direct sunlight for 72 hours.
- Do not exercise, go swimming, or participate in any strenuous activity for the first 72 hours post-treatment.
- No waxing for 3 weeks post-treatment.